

KINGDOM OF ASTRAVALE

THE VALLEY OF THE STARS

FUN WORKSHEETS

LEARN
EXPLORE
DREAM
SHINE!

EVERY
STAR CHILD
HAS A
STORY!

DISCOVER MAGIC.
MAKE MEMORIES. HAVE FUN!

THIS BOOK BELONGS TO:

THE KINGDOM OF ASTRAVALE

LUNARIA'S MOON MISSIONS

MOON FEELINGS CHART



WELCOME, DREAMER!

Our feelings change like the Moon.
Use this chart to explore how you feel,
what might be behind those feelings,
and how to care for your magical self.

Let your heart shine! ♥

DESIGN TIPS

- ★ What shape will your crystal be?
- ★ What colour will it glow?
- ★ What magical power will it hold?
- ★ Who will use your crystal?
- ★ Be creative and let your imagination shine!

1. HOW ARE YOU FEELING TODAY?

Look at the Moon faces below and colour the one that shows how you feel right now.

You can also draw your own feeling in the last circle!



HAPPY



CALM



EXCITED



THOUGHTFUL



WORRIED



SAD



ANGRY



MY OWN FEELING

2. WHAT MIGHT BE BEHIND THIS FEELING?

What happened today that might have made you feel this way?

Write or draw about it.

3. HOW DOES THIS FEELING SHOW UP IN YOUR BODY?

Where do you feel it?

What does your body feel like?



4. MOON CARE PLAN

What can you do to take care of yourself and feel better?

List 3 kind things you can do.



5. WHAT CAN HELP YOU?

Who or what makes you feel safe, loved or supported?

Write or draw.

6. WHAT IS YOUR MOON WISDOM TODAY?

What helpful thought can you remember when this feeling comes back?

7. TOMORROW I WILL...

What is one small thing you can do tomorrow to support yourself and your dreams?

★ FEEL IT, HONOUR IT, HEAL IT, AND KEEP SHINING! ♥

Kingdom of Astravale

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THE KINGDOM OF ASTRAVALE

LUNARIA'S MOON MISSIONS

MOON MAZE ADVENTURE

WELCOME, DREAMER!

Moon Blossom Pods are magical floating homes that bloom in the skies of Lunaria. Design your very own pod where dreams grow and adventures begin!

DESIGN TIPS

- ★ Think about shapes, colours and beautiful details.
- ★ What makes your pod special?
- ★ Let your imagination bloom!

START

COLLECT ALONG THE WAY!



Stars
(5)



Moon
Crystals
(5)

AVOID THE DREAM CLOUDS!



They will slow
you down!

BONUS CHALLENGE!

Can you find the
hidden moon
butterfly?



FINISH

MOON TIP

Believe in your dreams
and let your heart
shine bright. You
have moon magic
inside you!

MY MOON QUEST

I collected:



Did I find the hidden
moon butterfly?



I DID MY BEST! ☐

STARDUST PALACE

THE KINGDOM OF ASTRAVALE

THE VALLEY OF THE STARS

7. OBSERVATORY STAR HUNT

Hello, Star Child!

Look carefully around the Great Observatory.

Can you find and count all the hidden stars and magical things?

Circle them as you find them!

HOW MANY CAN YOU FIND?



Stars

☐


Crescent Moons

☐


Owls

☐


Telescopes

☐


Floating Islands

☐


Shooting Stars

☐


Moon Pods

☐


Star Lanterns

☐


Rainbows

☐


Dream Crystals

☐


Cloud Castles

☐

BONUS HIDDEN ITEMS!

Can you also find these extra magical things?



Star Compass

☐


Solarin's Book

☐


Dream Potion

☐


Moon Key

☐

DRAW YOUR OWN DISCOVERY!

Draw one magical thing you discovered in the sky!



WELL DONE, STAR EXPLORER!

You've explored the Great Observatory like a true Star Child!



KEEP EXPLORING AND
KEEP DREAMING!

Name: _____

Date: _____

THE KINGDOM OF ASTRAVALE

8. STAR ROUTE MAZE

Help Solarin, Star Guardian of Astravale,
travel across Astravale to deliver light
to the Moon Palace!

Let's go,
Star Child!
Follow the star
path to reach the
Moon Palace!

HOW TO PLAY

- Follow the path from START to FINISH.
- Stay on the path and avoid the dead ends!
- Watch out for clouds that block the way!

START

DREAM
GARDENS

LANTERN
GROVE

RAINBOW
BRIDGE

WISHING
FOUNTAIN

MOON BLOSSOM
POD

FINISH

MOON
PALACE

★ WELL DONE, STAR EXPLORER! ★

You helped Solarin deliver light to the Moon Palace!
You are a true Astravale explorer!

Draw a star to show
your journey!



Date: _____





★ ★ KINGDOM OF ★ ★ ASTRAVALE

THE VALLEY OF THE STARS



SCISSOR CUTTING PRACTICE

Carefully cut around each constellation.
Follow the dotted lines.

CUTTING TIPS

- ★ Use child-safe scissors.
- ★ Open and close your scissors slowly.
- ★ Turn the paper, not your scissors.
- ★ Take your time!



URSA MAJOR
(The Great Bear)



CASSIOPEIA
(The Queen)



CYGNUS
(The Swan)



ORION
(The Hunter)



LYRA
(The Lyre)



PEGASUS
(The Winged Horse)



SCORPIUS
(The Scorpion)



TAURUS
(The Bull)



PISCES
(The Fishes)



★ SOLARIN ★

King of Astravale
Guardian of the Stars

Solarin watches over the islands
and the constellations.
He keeps the magic of the stars
shining bright and the kingdom
safe with love and wisdom.



You are a Star Cutter!
Every cut brings you closer to
becoming a Star Guardian!

Name: _____

Date: _____



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